

# Jeanie's Prayers for Her Daughters

A note from Brian Helstrom  
(Jeanie's husband)

Jeanie left these handwritten prayers and thoughts for her daughters, Meagan and Tori, to find after she was gone. They are prayers which Jeanie prayed for over 30 years since the girls were born. They became more focused as Jeanie got older.

When Jeanie home schooled the girls, her passion to raise up women of God was intensified. She poured her life into the girls to help them be everything God created them to be.

She formed the content of these prayers as she personally discovered truth and first applied it to herself. Her Father God led her in a deeply attuned relationship where her prayers were her life.

Without anybody knowing, she invested the last months of her life writing these down as you find it typed up here. She left us her best.

I think these may be of help to parents, so I pass it on to you.

I do not know how much was copied from other sources on scraps of paper, although I suspect most came from her mind, the Word of God, and from her heart.

You are free to copy and distribute it as a gift. You have my permission.

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Pour out your heart like water before the face of the Lord.

Lift your hands toward Him for the life of your young children.

Lamentations 2:19



God, show me how to pray in a way that will make a difference in my children's lives. I release them into Your hands. Only You can raise them right and truly keep them safe. I will no longer strive to do it all by myself, but will enter into full partnership with You.

## **1. Jeanie's convictions on praying for her children**

- Learn to identify concerns, worries, fears, etc... that come into my mind as a prompting by the Holy Spirit to pray for that particular thing.
- God doesn't promise that nothing bad would ever happen to my children, but praying releases the power of God to work in their lives and I can enjoy more peace in the process.
- All that needs to happen in our lives and the lives of our children cannot happen without the presence and power of God. Prayer invites and ignites both.
- When we don't pray, it's like sitting on the sidelines watching our children in a war zone getting shot at from every angle. When we do pray, we're in the battle alongside them, appropriating God's power on their behalf. If we also declare the Word of God in our prayers, then we wield a powerful weapon against which no enemy can prevail.
- My part of the fight is to pray. God actually fights the battle. My fight is not with my children, it's with the Devil.
- My children will experience pain. It's a part of life in this fallen world. But the Bible assures us that our prayers play a vital part in keeping trouble from them. When a painful thing does happen, they'll be protected in the midst of it so it will be to their betterment and not their destruction.
- Fearing God means having a deeply committed respect, love, and reverence for God's authority and power. It means being afraid of what life would be like without Him and being grateful that because of his love we'll never have to experience such despair. It means hungering for all that God is and has for us.
- One of the Devil's plans for young people is to get them to compare themselves as deficient, and then seek to be someone they were not created to be. Our prayers can block this plan of the Enemy and give our children a clear vision of themselves and their future.
- My children will never truly understand who they are until they understand who God is.
- "Each one has his own gift from God, one in this manner and another in that" (1 Cor. 7:7). Sometimes it takes prayer to uncover them. Pray for them to be identified, revealed, developed, nurtured, and used for God's glory.
- Confession and repentance are two life principles we must insist upon for our children, because unconfessed sin will put a wall between them and God. Repentance ("turning away and deciding not to do it again") is manifested when the child says, in effect, "I did this, I'm sorry about it, and I'm not going to do it again." If sin isn't confessed and repented of in that way, the child can't be free of the bondage that goes along with unconfessed sin, and that will show on their face, in their personality, and in their actions.

## 2. Becoming a praying parent

Lord, I submit myself to You. I realize that parenting a child in the way You would have me to is beyond my human abilities. I know I need You to help me. I want to partner with You and partake of Your gifts of wisdom, discernment, revelation, and guidance. I also need Your strength and patience, along with a generous portion of Your love flowing through me. Teach me how to love the way You love. Where I need to be healed, delivered, changed, matured, or made whole, I invite You to do that in me. Help me to walk in righteousness and integrity before You. "The just man walks in integrity: his children are blessed after him" (Prov. 20:7). Teach me Your ways. Enable me to obey Your commandments and do only what is pleasing in Your sight. May the beauty of Your Spirit be so evident in me that I will be a godly role model. Give me the communication, teaching, and nurturing skills that I must have. Make me the parent You want me to be and teach me how to pray and truly intercede for my child. "Taking the helmet of salvation, and the sword of the Spirit, which is the Word of God: praying always with all prayer and supplication in the Spirit, and watching with all perseverance and supplication" for them (Eph. 6:17-18).

Lord, You said in Your Word, "whatever things you ask in prayer, believing you will receive" (Matt. 21:22). In Jesus' name I ask that You will increase my faith to believe for all the things You've put on my heart to pray for concerning my child.

John 15:16 – "You have not chosen me, but I have chosen you, and ordained you, that you should go and bring forth fruit, and that your fruit should remain: that whatsoever you shall ask of the Father in My name, he may give it to you."

John 14:13-14 – "And whatsoever you ask in my name, that will I do, that the Father may be glorified in the Son. If you ask anything in My name I will do it."

### **3. Releasing my child into God's hands**

Lord, I come to You in Jesus' name and give my children to You. I'm convinced that You alone know what is best for them. You alone know what they need. I release them to You to care for and protect, and I commit myself to pray for everything concerning them that You put on my heart. Teach me how to pray and guide me in what to pray about. Help me not to impose my own will when I'm praying for them, but rather enable me to pray that Your will be done in their lives.

Thank You that I can partner with You in raising them and that I don't have to do it alone. I'm grateful that I don't have to rely on the world's unreliable and ever-changing methods for child rearing, but that I can have clear directions from Your Word and wisdom as I pray to You for answers.

Thank You, Lord, for the precious gift of these children. Because Your Word says that every good gift comes from You, I know that You have given them to us to care for and raise. Help me to do that. Show me places where I continue to hang on to them and enable me to release them to Your protection, guidance, and counsel. Help me not to live in fear of possible dangers, but in the joy and peace of knowing that You are in control. I rely on You for everything, and this day I trust my children to You and release them into Your hands.

Psalm 103:17-18 – But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children – with those who keep his covenant and remember to obey his precepts.

Psalm 127:3 – Sons are a heritage from the Lord, children a reward from him.

Matt. 7:11 – If you then, being evil, know how to give good gifts to your children, how much more shall your Father which is in heaven give good things to them that ask him?

Is. 65:23 – They shall not labor in vain, nor bring forth trouble; for they are the seed of the blessed of the Lord, and their offspring with them.

1 John 3:22 – And whatever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.

#### **4. Developing a hunger for the things of God**

Lord, I pray for my children to have an ever-increasing hunger for more of You. You say, "Blessed are they which do hunger and thirst after righteousness: for they shall be filled" (Matt. 5:6). May they long for Your presence, long to spend time with You in prayer, praise and worship. "Teach them Your way and may they walk in Your truth: unite their hearts to fear Your name" (Ps. 86:12). You say, "The fear of the Lord is a fountain of life, to depart from the snares of death." (Prov. 14:27) Give them a desire for the truth of Your Word and a love for Your laws and Your ways. Teach them to live by faith and be led by the Holy Spirit, having an availability to do what You tell them to do. May they be so aware of the fullness of Your Holy Spirit in them that when they are depleted in any way they will immediately run to You to be renewed and refreshed. May they seek You with their whole hearts. (Ps. 119:2)

I pray that their hearts will not have any allegiances or diversions away from You, but rather they would be repulsed by ungodliness and all that is in opposition to You. May a deep reverence and love for You and Your ways color everything they do and every choice they make. Help them to understand the consequences of their actions and know that a life controlled by the flesh will only reap death. May they not be wise in their own eyes, but rather "fear the Lord and depart from evil" (Pr. 3:7).

I pray that they will be reliable, dependable, responsible, compassionate, sensitive, loving and giving to others. Deliver them from any pride, laziness, slothfulness, selfishness, or lust of the flesh. I pray that they will have a teachable and submissive spirit that says "yes" to the things of God and "no" to the things of the flesh. Strengthen them to stand strong in their convictions.

As my children learn to read Your Word, write Your law in their minds and on their hearts so that they always walk with a confident assurance of the righteousness of Your commands. As they learn to pray, may they also learn to listen for Your voice. I pray that their relationship with You will never become lukewarm, indifferent, or shallow. May there always be a Holy Spirit fire in their hearts and an unwavering desire for the things of God.

Gal. 2:20 – I am crucified with Christ: nevertheless I live; yet not I, but Christ lives in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

## 5. Being the person God created

Lord, I pray that You would pour out Your Spirit upon my child this day. You have said, “Let each one remain with God in that state in which he was called” (1 Cor. 7:24). May it be for this child according to Your Word, that they may never stray from what You have called them to be and do, or try to be something they are not.

Deliver them from any evil plan of the Devil to rob them of life, to steal away their uniqueness and giftedness, to compromise the path You’ve called them to walk, or to destroy the person You created them to be. May they not be a follower of anyone but You, but may they be a leader of people into Your kingdom. Help them to grow in complete understanding of their authority in Jesus, while retaining a submissive and humble spirit. May the fruit of the Spirit, which is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control grow in them daily (Gal. 5:22). May they find their identity in You, view themselves as Your instrument, and know that they are complete in You. Give them a vision for their life when setting goals for the future and a sense of purpose about what You’ve called them to do. Help them to see themselves as You do – from their future and not from their past. May they be convinced that Your thoughts toward them are thoughts of peace and not of evil, to give them a future and a hope (Jer. 29:11). Teach them to look to You as their hope for the future. May they understand it is You “who has saved and called them with a holy calling, not according to their works, but according to Your own purpose and grace which was given to them in Christ Jesus before time began” (2 Tim. 1:9). May their commitment to being who You created them to be enable them to grow daily in confidence and Holy Spirit boldness.

1 Pet. 2:9 – But you are a chosen generation, a royal priesthood, a holy nation, a peculiar people, that you should show forth the praises of him who has called you out of darkness into his marvelous light.

1 Cor. 2:9 – But as it is written, Eye has not seen, nor ear heard, neither have entered into the heart of man, the things which God has prepared for them that love him.

2 Pet. 1:10 – Therefore, brethren, give diligence to make your calling and election sure: for if you do these things, you shall never fail.

Rom. 8:28-30 – And we know that all things work together for good to them that love God, to them who are the called according to his purpose. For those he foreknew, he predestined to be conformed to the image of his Son, that he might be the firstborn among many brethren.

Is. 60:1 – Arise, shine; for thy light is come, and the glory of the Lord is risen upon thee.



## 6. Feeling love and accepted

Lord, I pray for my child to feel loved and accepted by You. Penetrate their heart with Your love right now and help them to fully understand how far-reaching and complete it is. Your Word says You loved us so much that You sent Your Son to die for us (John 3:16). Deliver my child from any lies of the Enemy that may have been planted in their mind to cause them to doubt that. Jesus said, "As the Father loved Me, I also have loved you; abide in my love ( ). Help my child to abide in Your love. May they say as David did, "Cause me to hear Your lovingkindness in the morning, for in You do I trust (Ps. 143:8). Manifest Your love to my child in a real way today and help them to receive it.

I pray also that You would help me to love my child unconditionally the way You do, and enable me to show it in a manner they can perceive. Reveal to me how I can demonstrate and model Your love to them so that it will be clearly understood. I pray that all my family members will love and accept them, and may they find favor with other people as well. With each day that they grow in the confidence of being loved and accepted, release in them the capacity to easily communicate love to others. Enable them to reach out in love in a way that is appropriate. As they come to fully understand the depth of Your love for them and receive it into their soul, make them a vessel through which Your love flows to others. In Jesus' name I pray.

1 John 4:9-11 – This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. Dear friends, since God so loved us, we also ought to love one another.

Deut. 7:6 – For you are a people holy to the Lord your God. The Lord your God has chosen you out of all the peoples on the face of the earth to be his people, his treasured possession.

1 John 4:16 – And we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in him.

1 Thess. 2:13 – ...from the beginning God chose you to be saved through the sanctifying work of the Spirit and through belief in truth.

Eph. 1:3-6 – Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will – to the praise of his glorious grace, which he has freely given us in the One he loves.

## **7. Honoring parents and resisting rebellion**

Lord, I pray that You would give my child a heart that desires to obey You. Put into them a longing to spend time with You, in Your Word and in prayer, listening to Your voice. Shine Your light upon any secret or unseen rebellion that is taking root in their heart, so that it can be identified and destroyed. Lord, I pray that they will not give themselves over to pride, selfishness, and rebellion, but that they will be delivered from it. By the authority given me in Jesus' name, I "stand against the wiles of the devil" and I resist idolatry, rebellion, stubbornness, and disrespect; they will have no part in their lives, nor will they walk a path of destruction and death because of them.

Your Word instructs, "Children, obey your parents in all things, for this is well pleasing to the Lord." (Col. 3:20) I pray that You would turn their hearts toward her parents and enable them to honor and obey us so that their lives will be long and good. Turn their hearts toward You so that all they do is pleasing in Your sight. May they learn to identify and confront pride and rebellion in themselves and be willing to confess and repent of it. Make them uncomfortable with sin. Help them to know the beauty and simplicity of walking with a sweet and humble spirit in obedience and submission to You.

Is. 1:19-20 – If you are willing and obedient, you will eat the best from the land; but if you resist and rebel, you will be devoured by the sword.

Prov. 30:17 – The eye that mocks a father, that scorns disobedience to a mother, will be pecked out by ravens of the valley, will be eaten by the vultures.

Prov. 1:8-9 – Listen, my son, to your father's instruction, and do not forsake your mother's teaching. They will be a garland to grace your head and a chain to adorn your neck.

Neh. 9:26-27 – But they were disobedient and rebelled against you; they put your law behind their backs. They killed your prophets, who had admonished them in order to turn them back to you; they committed awful blasphemies. So you handed them over to their enemies, who oppressed them. But when they were oppressed they cried out to you. From heaven you heard them, and in your great compassion you gave them deliverers, who rescued them from the hand of their enemies.

## 8. Maintaining good family relationships

Lord, I pray for my child and their relationship with all family members. Protect and preserve them from any unresolved or permanent breach. Fill their heart with your love and give them an abundance of compassion and forgiveness that will overflow to each member of the family. Specifically I pray for a close, loving, and fulfilling relationship between my children for all the days of their lives. May there always be good communication between them and may unforgiveness have no root in their hearts. Help them to love, value, appreciate, and respect each other so that the God-ordained tie between them cannot be broken. I pray according to Your Word that they “be kindly affectionate to one another with brotherly love, in honor giving preference to one another.” (Rom. 12:10)

Teach them to resolve misunderstandings according to Your Word. And if any division has already begun; if any relationship is strained or severed, Lord, I pray that You will drive out the wedge of division and bring healing. I pray that there will be no strain, breach, misunderstanding, arguing, fighting, or separating of ties. Give them a heart of forgiveness and reconciliation.

Your Word instructs us to “be of one mind having compassion for one another; love as brothers, be tenderhearted, be courteous.” (1 Pet. 3:8) Help them to live accordingly, “endeavoring to keep the unity of the Spirit in the bond of peace.” (Eph. 4:3) In Jesus’ name I pray that You would instill a love and compassion in them for all family members that is strong and unending, like a cord that cannot be broken.

Rom. 15:5-6 – Now the God of patience and consolation grant you to be like minded one toward another according to Christ Jesus: That you may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ.

Rom. 12:18 – If it be possible, as much as lies in you, live peaceably with all men.

Matt. 5:9 – Blessed are the peacemakers; for they shall be called the children of God.

Ps. 133:1 – Behold, how good and pleasant it is for brethren to dwell together in unity.

1 Cor. 1:10 – Now I beseech you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you; but that you be perfectly joined together in the same mind and in the same judgment.

## 9. Praying through a child's room

Lord, I invite Your Holy Spirit to dwell in this room, which belongs to my child. You are Lord over heaven and earth, and I proclaim that You are Lord over this room as well. Flood it with Your light and life. Crowd out any darkness which seeks to impose itself here, and let no spirits of fear, depression, anger, doubt, anxiety, rebelliousness, hatred, etc... find any place here. I pray that nothing will come into this room that is not brought by You, Lord. If there is anything here that shouldn't be, show me so it can be taken out.

Put Your complete protection over this room so that evil cannot enter here by any means. Fill this room with Your love, peace, and joy. I pray that my child will say, as David did, "I will walk within my house with a perfect heart. I will set nothing wicked before my eyes" (Ps. 101:2-3). I pray that You, Lord, will make this room a holy place, sanctified for Your glory.

Deut. 7:26 – Neither shall you bring an abomination into your house, lest you be a cursed thing like it: but you shall utterly detest it, and you shall utterly abhor it; for it is a cursed thing.

Is. 1:16 – Wash you, make you clean; put away the evil of your doings from before my eyes; cease to do evil.

Ps. 51:1-2 – Have mercy upon me, O God, according to Your lovingkindness: according unto the multitude of Your tender mercies blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin.

Prov. 3:33 – The curse of the Lord is in the house of the wicked: but he blesses the habitation of the just.

2 Cor. 7:1 – Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

## **10. Staying attracted to holiness and purity**

Lord, I pray that You will fill my children with a love for You that surpasses their love for anything or anyone else. Help them to respect and revere Your laws and understand that they are there for their benefit. May they clearly see that when Your laws are disobeyed, life doesn't work. Hide Your Word in their heart so that there is no attraction to sin. I pray that they will run from evil, impurity, unholy thoughts, words and deeds, and that they will be drawn toward whatever is pure and holy. Let Christ be formed in them and cause them to seek the power of Your Holy Spirit to enable them to do what is right.

You have said, "Blessed are the pure in heart, for they shall see God" (Matt. 5:8). May a desire for holiness that comes from a pure heart be reflected in all that they do. Let it be manifested in their appearance as well. I pray that the clothes they wear and the way they style their hair and choose to adorn their body and face will reflect a reverence and a desire to glorify You, Lord.

Where they have strayed from the path of holiness, bring them to repentance and work Your cleansing power in their heart and life. Give them understanding that to live in purity brings wholeness and blessing, and that the greatest reward for it is seeing You.

Psalm 24:3-5 – Who shall ascend unto the hill of the Lord? Or who shall stand in his holy place? He that has clean hands and a pure heart; who has not lifted up his soul unto vanity, nor sworn deceitfully. He shall receive the blessing from the Lord, and righteousness from the God of his salvation.

Prov. 30:12 – There is a generation that are pure in their own eyes, and yet is not washed from their filthiness.

Is. 35:8-10 – And a highway shall be there, and a way, and it shall be called The way of holiness; the unclean shall not pass over it; but it shall be for those: the wayfaring men, though fools, shall not err therein. No lion shall be there, nor any ravenous beast shall go up there on, it shall not be found there: And the ransomed of the Lord shall return and come to Zion with songs and everlasting joy upon their heads; they shall obtain joy and gladness, and sorrow and sighing shall flee away.

John 15:2 – Every branch in me that doesn't bear fruit he takes away: and every branch that bears fruit, he purges it, that it may bring forth more fruit.

2 Tim. 2:20-21 – But in a great house there are not only vessels of gold and silver, but also of wood and earth; and some to honor, and some to dishonor. If a man therefore purges himself from these, he shall be a vessel unto honor, sanctified, and meet for the master's use, and prepared unto every good work.

## **11. Walking in repentance**

Lord, I pray that You would give my children a heart that is quick to confess their mistakes. May they be truly repentant of them so that they can be forgiven and cleansed. Help them to understand that Your laws are for their benefit and that the confession and repentance You require must become a way of life. Give them the desire to live in truth before You, and may they say as David did, “Wash me thoroughly from my iniquity, and cleanse me from my sin. Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation” (Ps. 51:2, 10-12).

Lord, bring to light any hidden sins so they can be confessed, repented of, and forgiven. Your Word says, “Blessed is he whose transgression is forgiven, whose sin is covered” (Ps. 32:1). I pray that my children will never be able to contain sin within them, but rather, let there be a longing to confess fully and say, “See if there is any wicked way in me, and lead me in the way everlasting” (Ps. 139:24). May they not live in guilt and condemnation, but rather dwell with a clear conscience in the full understanding of their forgiveness in Christ. I pray that they will always look to You and wear a radiant countenance.

1 John 3:21-22 – Beloved, if our heart condemn us not, then have we confidence toward God. And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.

Acts 3:19 – Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord.

Ez. 18:30 – Therefore I will judge you, O house of Israel, saith the Lord God. Repent, and turn yourselves from all your transgressions; so iniquity shall not be your ruin.

Is. 55:7 – Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon.

Prov. 28:13 – He that covers his sins shall not prosper: but whoso confesses and forsakes them shall have mercy.

## 12. Living free of unforgiveness

Lord, I pray that You would enable my children to live in ongoing forgiveness. Teach them the depth of Your forgiveness toward them so that they can be freely forgiving toward others. Help them to make the decision to forgive based on what You've asked us to do and not on what feels good at the moment. May they understand that forgiveness doesn't justify the other person's actions; instead it makes them free. Help them to understand that only You know the whole story about any of us, and that's why they don't have the right to judge.

Lord, Your Word says, "He who loves his brother abides in the light, and there is no cause for stumbling in him. But he who hates his brother is in darkness and walks in darkness, and doesn't know where he is going, because the darkness has blinded his eyes" (1 John 2:10-11). Show me places where I walk in the darkness of unforgiveness. I don't want that in my life. I want to see clearly and know where I'm going. And I pray that for my children as well. May they always walk in the light of love and forgiveness. Enable them to forgive family members, friends, and all others as well. Teach them to release the past to You so that they can move into all that You have for them. Don't allow them to harbor resentment, bitterness, and anger, but rather help them to turn these feelings over to You immediately whenever they creep in.

I pray that they will forgive themselves for times of failure, and may they never blame You, Lord, for things that happen on this earth and in their lives. According to Your Word, I pray that they will love their enemies, bless those who curse them, do good to those who hate them and pray for those who spitefully use and persecute them, so that they may enjoy all Your blessings (Matt. 5:44-45). In Jesus' name, I pray that my children will live in the fullness of Your forgiveness for them and walk in the freedom of forgiveness in their own hearts.

Eph. 4:31-32 – Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake has forgiven you.

Matt. 6:14-16 – "For if you forgive men their trespasses, your heavenly Father will also forgive you: But if you forgive not men their trespasses, neither will your Father forgive your trespasses.

Matt. 18:34-35 – "And his lord was angry, and delivered him to the tormentors, till he should pay all that was due him. So likewise shall my heavenly Father do also unto you, if you from your hearts forgive not every one his brother their trespasses.

Prov. 19:11 – The discretion of a man defers his anger; and it is his glory to pass over a transgression.

Mark 11:25 – "And when you stand praying, forgive, if you have ought against any: that your Father also which is in heaven may forgive you your trespasses."

Forgiveness doesn't make the other person right, it makes you free.

### **13. Seeking wisdom and discernment**

Lord, I pray that You would give the gifts of wisdom, discernment, and revelation to my children. Help them to trust You with all their hearts, not depending on their own understanding, but acknowledging You in all their ways so that they may hear Your clear direction as to which path to take (Prov. 3:5). Help them to discern good from evil and be sensitive to the voice of the Holy Spirit saying, "This is the way, walk in it." (Is. 30:21) I know that Your Word says that gaining wisdom and discernment brings long life, wealth, recognition, protection, enjoyment, contentment, and happiness. I want all of those things for them, but I want them to come as blessings from You.

Your Word says, "The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding" (Prov. 9:10). May a healthy fear and knowledge of You be the foundation upon which wisdom and discernment are established in them. May they turn to You for all decisions so that they don't make poor choices. Help them to see that all the treasures of wisdom and knowledge are hidden in You and that You give of them freely when we ask for them. As she seeks wisdom and discernment from You, Lord, pour it out liberally upon them so that all their paths will be peace and life.

Pr. 23:24-25 – The father of the righteous shall greatly rejoice: and he that has a wise child shall have joy of him. Thy father and thy mother shall be glad, and she that bore you shall rejoice.

Pr. 4:7-8 – Wisdom is the principle thing; therefore get wisdom: and with all your getting get understanding. Exalt her and she shall promote you: she shall bring you to honor, when you embrace her.

Pr. 3:13-18 – Happy is the man that finds wisdom, and the man that gets understanding. For the merchandise of it is better than the merchandise of silver, and the gain thereof than fine gold. She is more precious than rubies: and all the things you could desire are not to be compared unto her. Length of days is in her right hand; and in her left hand riches and honor. Her ways are ways of pleasantness, and all her paths are peace. She is a tree of life to them that lay hold upon her: and happy is everyone that retains her.

Pr. 2:10-12 – When wisdom enters into your heart, and knowledge is pleasant unto your soul; Discretion shall preserve you, understanding shall keep you:

Ps. 19:7 – The law of the Lord is perfect, converting the soul: the testimony of the Lord is sure making wise the simple.



## **14. Attracting godly friends**

Lord, Your Word says, "He who walks with wise men will be wise, but the companion of fools will be destroyed" (Pr. 13:20). Don't let my children be a companion of fools. Enable them to walk with wise friends and not have to experience the destruction that can happen by walking with foolish people. Deliver them from anyone with an ungodly character so they will not learn that person's ways and set a snare for their own soul. In Jesus' name I pray that You would teach them the meaning of true friendship. May each of their friendships always glorify You.

Prov. 24:21-22 – My son, fear the Lord and the king; and meddle not with them that are given to change: For their calamity shall rise suddenly; and who knows the ruin of them both?

Prov. 22:24-25 – Make no friendship with an angry man; and with a furious man you shall not go: Lest you learn his ways, and get a snare to your soul.

Prov. 4:14 – Enter not into the path of the wicked, and go not in the way of evil men.

Ps. 1:1 – Blessed is the man that walks not in the counsel of the ungodly, nor stands in the way of sinners, nor sits in the seat of the scornful.

1 Cor. 5:11 – But now I have written unto you not to keep company, if any man that is called a brother be a fornicator, or covetous, or an idolater, or a railer, or a drunkard, or an extortioner; with such an one no not to eat.

## 15. Growing in faith

Lord, You have said in Your Word that You have “dealt to each one a measure of faith” (Rom. 12:3). I pray that You would take the faith You have planted in my children and multiply it. May the truth of Your Word be firmly established in their hearts so that faith will grow daily and navigate in their lives. Help them to trust You at all times as they look to You for truth, guidance, and transformation into Your likeness. I know that trusting in You is a choice we make. Enable them to make that choice. I pray that they will look to You for everything, knowing that they are never without hope. May their faith be “the substance of things hoped for, the evidence of things not seen.” (Heb. 11:1) I pray that they will have faith strong enough to lift them above the circumstances and limitations and instill in them the confidence of knowing that everything will work together for good (Rom. 8:28).

I pray that my children will be so strong in faith that their relationship with You supersedes all else in their lives – even my influence as a parent. In other words, may they have a relationship with You, Lord, that is truly their own – not an extension of mine or anyone else’s. I want the comfort of knowing that when I’m no longer on this earth, their faith will be strong enough to keep them “steadfast, immovable, always abounding in the work of the Lord” (1 Cor. 15:58).

As they walk in faith, may they have Your heart of love that overflows to others, a heart that is willing to give of self and possessions according to Your leading. May they see that giving out of love is actually giving back to You in faith and that they will never lose anything by doing so. I pray that they will take the “shield of faith” in order to “quench all the fiery darts of the wicked one” (Eph. 6:16), and thereby be able to stand strong in faith and say, “I thank Christ Jesus our Lord who has enabled me, because He counted me faithful” (1 Tim. 1:12).

Mark 11:24 – “Therefore I say unto you, What things soever you desire, when you pray, believe that you receive them, and you shall have them.

Matt. 17:30 – And Jesus said unto them, “Because of your unbelief: for verily I say unto you, If you have faith as a grain of mustard seed, you shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.”

Gal. 6:9-10 – And let us not be weary in well-doing: for in due season we shall reap, if we faint not. As we have therefore opportunity, let us do good unto all men, especially unto them of the household of faith.

Heb. 11:6 – But without faith it is impossible to please him: for he that comes to God must believe that he is, and that he is a rewarder of them that diligently seek him.

James 1:6-8 – But let him ask in faith, nothing wavering. For he that wavers is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways.

## **16. Instilling the desire to learn**

Lord, I pray that my children will have a deep reverence for You and Your ways. May they hide Your Word in their hearts like a treasure and seek after understanding like silver or gold. Give them a good mind, a teachable spirit, and an ability to learn. Instill in them a desire to attain knowledge and skill and may they have joy in the process. Above all, I pray that they will be taught by You, for Your Word says that when our children are taught by You they are guaranteed peace (Is. 54:13). You have also said, "The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction" (Pr. 1:7). May they never be a fool and turn away from learning, but rather may they turn to You for the knowledge they need.

Connect everything in their brains the way it is supposed to be so that they have clarity of thought, organization, good memory, and strong learning ability.

Lord, enable them to experience the joy of learning more about You and Your world.

Pr. 1:5 – A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels.

Prov. 2:15 – My son, if you will receive my words, and hide my commandments with you; so that you incline your ear unto wisdom, and apply your heart to understanding; yea, if you cry after knowledge and lift up your voice for understanding; if you seek her as silver, and search for her as for hidden treasure; then shall you understand the fear of the Lord, and find the knowledge of God.

Prov. 4:13 – Take fast hold of instruction; let her not go; keep her; for she is your life.

Hosea 4:6 – My people are destroyed for lack of knowledge; because you have rejected knowledge, I will also reject you, that you shall be no priest to me: seeing you have forgotten the law of your God, I will also forget your children.

## **17. Having the motivation for proper body care**

Lord, I lift my children to You and ask that You would place in them a desire to eat healthy food. I know that throughout their lives they will be tempted to make poor food choices and eat that which brings death instead of life. Help them to understand what's good for them and what isn't and give them a desire for food that is healthful. Let them be repulsed or dissatisfied with food that is harmful.

Lord, Your Word says, "You shall know the truth and the truth shall make you free" (John 8:32). Help them to see the truth about the way they are to live, so that they can be set free from unhealthful habits. I pray that along with the desire to eat properly, You would give them the motivation to exercise regularly, to drink plenty of pure water and to control and manage stress in their lives by living according to Your Word. Whenever they struggle in any of those areas, may they turn to You and say, "Teach me Your way, O Lord" (Ps. 27:11). Give them a vision of their body as the temple of Your Holy Spirit.

I pray that my children will value the body You've given them and desire to take proper care of it. May they not be critical of it, nor examine themselves through the microscope of public opinion and acceptance. I pray that they will not be bound by the lure of fashion magazines, television, or movies which try to influence them with an image of what they say they should look like. Enable them to say, "Turn away my eyes from looking at worthless things" (Ps. 119:37). Help them to see what makes a person truly attractive is Your Holy Spirit living in them and radiating outward. May they come to understand that true attractiveness begins in the heart of one who loves God.

Establish Your vision of health and attractiveness in their hearts this day, and permanently instill in them the desire to take proper care of their bodies because it is the temple of Your Holy Spirit.

Rom. 12:1 – I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

Rom. 13:14 – But put on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof.

1 Cor. 3:17 – If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple you are.

1 Cor. 6:19-20 – What? Know ye not that your body is the temple of the Holy Spirit which is in you, which you have of God, and you are not your own? For you are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

1 Cor. 10:31 – Whether therefore you eat, or drink, or whatsoever you do, do all to the glory of God.

## **18. Following truth, rejecting lies**

Lord, I pray that You will fill my children with Your Spirit of truth. Give them a heart that loves truth and follows after it, rejecting all lies as a manifestation of the Enemy. Flush out anything in them that would entertain a lying spirit and cleanse them from any death that has crept in as a result of lies they may have spoken or thought. Help them to understand that every lie gives the Devil a piece of their heart, and into the hole that's left comes confusion, death, and separation from Your presence. I pray that they not be blinded or deceived, but always be able to clearly understand Your truth.

I pray that my children will never be able to get away with lying – that all lies will come to light and be exposed. If they lie, may they be so miserable that confession and its consequences will seem like a relief. Help me to teach them what it means to lie, and effectively discipline them when they test that principle. Your Word says that “when He, the Spirit of truth, has come, He will guide you into all truth” (John 16:13). I pray that Your Spirit of truth will guide them into all truth. May they never be a person who gives place to lies, but rather a person of integrity who follows hard after the Spirit of truth.

Psalm 119:28-29 – My soul melts for heaviness: strengthen me according to Your Word. Remove from me the way of lying, and grant me Your law graciously.

Prov. 3:3-4 – Let not mercy and truth forsake you: bind them around your neck; write them upon the tablet of your heart: So shall you find favor and good understanding in the sight of God and man.

Prov. 12:22 – Lying lips are abomination to the Lord: but they that deal truly are his delight.

John 14:15-17 – If you love me, keep my commandments. And I will pray the Father, and he shall give you another Comforter, that he may abide with you forever. Even the Spirit of truth; whom the world cannot receive, because it sees him not, neither knows him: but you know him; for he dwells with you, and shall be in you.

2 Thess. 2:9-10 – Even him, whose coming is after the working of Satan with all power and signs and lying wonders, And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved.

## **19. Establishing an eternal future**

Lord, I bring my children before You and ask that You would help them grow into a deep understanding of who You are. Open their hearts and bring them to a full knowledge of the truth about You. Lord, You have said in Your Word, "If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead you will be saved" (Rom. 10:9). I pray for that kind of faith for them. May they call You their Savior, be filled with Your Holy Spirit, acknowledge You in every area of their lives, and choose always to follow You and Your ways. Help them to fully believe that Jesus laid down His life for them so that they might have life eternally and abundantly now. Help them to comprehend the fullness of Your forgiveness so that they will not live in guilt and condemnation.

I pray that they will live a fruitful life, ever increasing in the knowledge of You. May they always know Your will, have spiritual understanding, and walk in a manner that is pleasing in Your sight. You have said in Your Word that You will pour out Your Spirit on my offspring (Is. 44:3). I pray that You would pour out Your Spirit upon my children this day.

Thank You, Lord, that You care about their eternal future even more than I do and that it is secure in You. In Jesus' name I pray that they will not doubt or stray from the path You have for them all the days of their lives.

John 6:40 – For my Father's will is that everyone who looks to the Son and believes in him shall have life, and I will raise him up at the last day.

1 John 5:20 – We know also that the Son of God has come and has given us understanding so that we may know him who is true. And we are in him who is true – even in his Son Jesus Christ. He is the true God and eternal life.

1 John 5:11 – And this is the testimony: God has given us eternal life, and this life is in his Son.

John 14:16-17 – And I will ask the Father, and he will give you another counselor to be with you forever – the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

## **20. Identifying God-given gifts and talents**

Lord, I thank You for the gifts and talents You've placed in my children. I pray that You would develop these in them and use them for Your glory. Make them apparent to me and to them, and show me specifically if there is any special nurturing, training, learning experience, or opportunities I should provide for them. May their gifts and talents be developed in Your way and in Your time.

Your Word says, "Having then gifts differing according to the grace that is given to us, let us use them" (Rom. 12:6). As my children recognize the talents and abilities You've given them, I pray that no feelings of inadequacy, fear, or uncertainty will keep them from using them according to Your will. Let their talent never be wasted, watered down by mediocrity or used to glorify anything or anyone other than You, Lord. Bless the work of their hands.

Your Word says that, "A man's gift makes room for him, and brings him before great men" (Prov. 18:16). May whatever my children do find favor with others and be well received and respected. But most of all, I pray the gifts and talents You placed in them be released to find their fullest expression in glorifying You.

Rom. 11:29 – For the gifts and calling of God are without repentance.

Eph. 4:7 – But unto every one of us is given grace according to the measure of the gift of Christ.

1 Peter 4:10 – As every man has received the gift, even so minister the same one to another, as good stewards of the manifold grace of God.

James 1:17 – Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom is no variableness, neither shadow of turning.

1 Cor. 1:4-7 – I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ; That in every thing you are enriched by him, in all utterance, and in all knowledge; even as the testimony of Christ was confirmed in you: so that you come behind in no gift; waiting for the coming of our Lord Jesus Christ.

## **21. Receiving a sound mind**

Lord, thank You for promising a sound mind. I lay claim to that promise for my children. I pray that their minds be clear, alert, bright, intelligent, stable, peaceful, and uncluttered. I pray there will be no confusion, no dullness, and no unbalanced, scattered, unorganized, or negative thinking. I pray that their minds will not be filled with complex or confusing thoughts. Rather, give them clarity of mind so that they are able to think straight at all times. Give them the ability to make clear decisions, to understand all they need to know, and to be able to focus on what they need to do. Where there is now any mental instability, impairment, or dysfunction, I speak healing in Jesus' name. May they be renewed in the spirit of their mind (Eph. 4:23) and have the mind of Christ (1 Cor. 2:16).

I pray that they will so love the Lord with all their heart, soul, and mind that there will be no room in them for the lies of the Enemy or the clamoring of the world. May the Word of God take root in their heart and fill their mind with things that are true, noble, just, pure, lovely, of good report, virtuous, and praiseworthy (Phil. 4:8). Give them understanding that what goes into their mind becomes part of who they are, so that they will weigh carefully what they see and hear.

You have said, "You will keep him in perfect peace, whose mind is stayed on you, because he trusts in You" (Is. 26:3). I pray that their faith in You and Your Word will grow daily so that they will live forever in peace and soundness of mind.

Rom. 12:2 – And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Phil. 4:6-7 – Be careful for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus.

2 Cor. 10:4-5 – (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds;) Casting down imaginations, and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.

Rom. 8:6 – For to be carnally minded is death; but to be spiritually minded is life and peace.

Eph. 4:17-18 – This I say therefore, and testify in the Lord, that you henceforth walk not as other Gentiles walk, in the vanity of their mind, having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart.

\*Filling our minds with what is in the world brings confusion. Filling our minds with the things of God – especially His Word – brings clarity of thought and peace of mind.



## 22. Enjoying freedom from fear

**F**alse

**E**vidence

**A**ppearing

**R**eal

Lord, Your Word says, "I sought the Lord, and He heard me, and delivered me from all my fears" (Ps. 34:4). I seek You this day, believing that You hear me, and I pray that You will deliver my children from any fear that threatens to overtake them. You said You have "not given us a spirit of fear, but of power and of love and of a sound mind" (1 Tim. 1:7). Flood them with Your love and wash away all fear and doubt. Give them a sense of Your loving presence that far outweighs any fear that would threaten to overtake them. Help them rely on Your power in such a manner that it establishes strong confidence and faith in You. Give them a mind so sound that they can recognize any false evidence the Devil presents to them and identify it as having no basis in reality.

Wherever there is real danger or good reason to fear, give them wisdom, protect them, and draw them close to You. Help them not to deny their fears but to take them to You in prayer and seek deliverance from them. I pray that as they draw close to You, Your love will penetrate their life and crowd out all fear. Plant Your Word in their heart. Let faith take root in their mind and soul as they grow in Your Word.

Thank You, Lord, for Your promise to deliver us from all our fears. In Jesus' name I pray for freedom from fear on behalf of my children this day.

Ps. 18:4-6 – The sorrows of death compassed me, and the floods of ungodly men made me afraid. The sorrows of hell compassed me about: the snares of death prevented me. In my distress I called upon the Lord, and cried unto my God: he heard my voice out of his temple, and my cry came before him, even unto his ears.

Ps. 27:1 – The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?

Ps. 31:19 – Oh, how great is thy goodness, which you have laid up for them that fear you; which you have wrought for them that trust in you before the sons of men!

Ps. 91:4-6 – He shall cover you with his feathers, and under his wings shall you trust; his truth shall be your shield and buckler. You shall not be afraid for the terror by night; nor for the arrow that flies by day; nor for the pestilence that walks in darkness; nor for the destruction that wastes at noonday.

Is. 41:10 – Fear not; for I am with you: be not dismayed; for I am your God: I will strengthen you; yes, I will help you; yes, I will uphold you with the right hand of my righteousness.

1 John 4:18 – There is no fear in love; but perfect love casts out fear: because fear has torment. He that fears is not made perfect in love.

## **23. Breaking down ungodly strongholds**

Lord, thank You that You have promised in Your Word to deliver us when we cry out to You. I come to You on behalf of my children and ask that You would deliver them from any ungodliness that may be threatening to become a stronghold in their life. Even though I don't know what they need to be set free from, You do. I pray in the name of Jesus that You would work deliverance in their lives wherever it is needed. I know that although "we walk in the flesh, we do not war according to the flesh... For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God" (2 Cor. 10:3-5).

Give me wisdom and revelation regarding my children. I know there are areas of Enemy operation which I cannot see, so I depend on You, Lord, to reveal these to me as I need to know them. Speak to my heart. Show me how to pray when there is something deep down in my spirit that is unsettled, disturbed, or troubled about them. Show me anything that I am not seeing, and let all that is hidden come to light. If there is any action I need to take, I depend on You to show me. Thank You that You help me parent my children.

Lord, I put my children in Your hands this day. Guide, protect, and convict them when sin is trying to take root. Strengthen them in battle when Satan attempts to gain a foothold in their hearts. Make them sensitive to Enemy encroachment, and may they run to You to be their stronghold and refuge in times of trouble (Ps. 9:9). May the cry of their hearts be, "Cleanse me from secret faults" (Ps. 19:12). According to Your Word I say that the Lord will deliver them from every evil work and preserve them for His heavenly kingdom (2 Tim. 4:18).

Jer. 33:3 – Call unto me, and I will answer you, and show you great and mighty things which you know not.

Prov. 11:21 – Though hand join in hand, the wicked shall not be unpunished: but the seed of the righteous shall be delivered.

Matt. 10:26 – Fear them not therefore: for there is nothing covered, that shall not be revealed; and hid, that shall not be known.

Matt. 16:19 – And I will give unto you the keys of the kingdom of heaven: and whatsoever you shall bind on earth shall be bound in heaven: and whatsoever you shall loose on earth shall be loosed in heaven.

## **24. Destroying an inheritance of family bondage**

Lord, You have said in Your Word that a good man leaves an inheritance to his children's children (Prov. 13:22). I pray that the inheritance we leave to our children will be the rewards of a godly life and a clean heart before You. To make sure that happens, I ask that wherever there is any kind of bondage in me that I have inherited, or that my husband has inherited from our families and accepted as ours, deliver us from it now in the name of Jesus. I confess the sins of our families to You. I don't even know what all of them are, but I know that You do. I ask forgiveness and restoration. I also confess my own sins to You and ask for forgiveness, knowing Your Word says, "If we confess our sins, He is faithful and just to forgive us our sins and cleanse us from all unrighteousness" (1 John 1:9).

Jesus said, "I give you the authority... over all the powers of the enemy" (Luke 10:19). If there is any work of the Enemy in our families' past that seeks to encroach upon the life of my child, I break it now by the power and authority given me in Jesus Christ. I pray specifically about \_\_\_\_\_.

Thank You, Jesus, that You came to set us free from the past. We refuse to live bound by it. Thank You, Father, that You have "qualified us to be partakers of the inheritance of the saints in the light" (Col. 1:12). I pray that my children will not inherit any bondage from their earthly family, but will "inherit the kingdom prepared for them from the foundation of the world" (Matt. 25:34). Thank You, Jesus, that in You the old has passed away and all things are new.

Gal. 5:1 – Stand fast therefore in the liberty wherewith Christ has made us free, and be not entangled again with the yoke of bondage.

1 Pet. 1:3-5 – Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy has begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead, To an inheritance incorruptible and undefiled, and that fades not away, reserved in heaven for you, who are kept by the power of God through faith unto salvation ready to be revealed in the last time.

Titus 3:3-7 – For we ourselves also were sometimes foolish, disobedient, deceived, serving diverse lusts and pleasures, living in malice and envy, hateful and hating one another. But after that the kindness and love of God our Savior toward man appeared, not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost; which he shed on us abundantly through Jesus Christ our Savior; that being justified by his grace, we should be made heirs according to the hope of eternal life.

2 Cor. 5:17 – Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Is. 61:1 – The Spirit of the Lord God is upon me; because the Lord has anointed me to preach good tidings unto the meek; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound.

## **25. Inviting the joy of the Lord**

Lord, I pray that the spirit of joy would rise up in my children's heart this day and may they know the fullness of joy that is found only in Your presence. Help them to understand that true happiness and joy are found only in You.

Whenever they are overtaken by negative emotions, surround them with Your love. Teach them to say, "This is the day that the Lord has made, we will rejoice and be glad in it" (Ps. 118:24). Deliver them from despair, depression, loneliness, discouragement, anger, or rejection. May these negative attitudes have no place in my child, nor be a lasting part of their lives. May they decide in their hearts, "My soul shall be joyful in the Lord; it shall rejoice in His salvation" (Ps. 35:9).

Plant Your Word firmly in their hearts and increase their faith daily. Enable them to abide in Your love and derive strength from the joy of the Lord this day and forever.

John 15:10-11 – If you keep my commandments, you shall abide in my love; even as I have kept my Father's commandments, and abide in his love. These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.

Rom. 15:13 – Now the God of hope fill you with all joy and peace in believing, that you may abound in hope, through the power of the Holy Ghost.

Is. 61:10 – I will greatly rejoice in the Lord, my soul shall be joyful in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with ornaments, and as a bride adorneth herself with her jewels.

Ps. 30:5 – For his anger endures but a moment; in his favor is life: weeping may endure for a night, but joy comes in the morning.

Ps. 16:11 – You will show me the path of life: in your presence is fullness of joy; at your right hand there are pleasures for evermore.

## **26. Securing protection from harm**

Lord, I lift my children up to You and ask that You would put a hedge of protection around them. Protect their spirit, body, mind, and emotions from any kind of evil or harm. Hide them from any kind of evil influences that would come against them. Keep them safe from any hidden danger and let no weapon forged against them be able to prosper (Is. 54:17).

Thank You, Lord, for Your many promises of protection. Help them to walk in Your ways and in obedience to Your will so that they never come out from under the umbrella of that protection. Keep them safe in all they do and wherever they go. In Jesus' name, I pray.

Ps. 91:1-2 – He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress, my God in whom I trust.”

Is. 43:2 – “When you pass through the waters, I will be with you and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned, the flames will not set you ablaze.”

Is. 54:17 – “No weapon forged against you will prevail, and you will refuse every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me.”

Ps. 91:9-10 – “If you make the Most High your dwelling – even the Lord, who is my refuge – then no harm will befall you, no disaster will come near your tent.”

Ps. 4:8 – I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety.

Ps. 57:1 – Be merciful unto me, O God, be merciful unto me: for my soul trusts in you: yea, in the shadow of your wings will I make my refuge, until these calamities be past.

## **27. Avoiding addictions**

Lord, I pray that You would keep my children free from addiction. Make them strong in You, draw them close and enable them to put You in control of their lives. Speak to their hearts, show them the path they should walk, and help them see that protecting their bodies from things that destroy it is a part of their service to You.

I pray that You, Lord, would thwart any plan Satan has to destroy their lives through addictions. Your Word says, "There is a way that seems right to a man, but its end is the way of death" (Prov. 16:25). Give them discernment and strength to be able to say "no" to things that bring death and "yes" to the things of God that bring life. May they clearly see the truth whenever tempted and be delivered from the Evil One whenever trapped. Enable them to choose life in whatever they do and may their only addiction be to the things of God. In Jesus' name I pray that everything they do with their body be done to Your glory.

Rom. 8:13 – For if you live after the flesh, you shall die: but if you through the Spirit do mortify the deeds of the body, you shall live.

Ecc. 11:10 – Therefore remove sorrow from your heart, and put away evil from your flesh: for childhood and youth are vanity.

Deut. 30:19 – I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both you and your seed may live.

John 8:36 – If the Son therefore make you free, you shall be free indeed.

Prov. 11:6 – The righteousness of the upright shall deliver them: but transgressors shall be taken in their own naughtiness.

## **28. Their future spouse**

Lord, I pray that unless Your plan is for my child to remain single, that You would send the right spouse at the perfect time, and give them a clear leading from You as to whom it is. I pray they will save all of them self for that one – their body and heart. Protect them from giving any part of them self away to anyone else. Help them trust You with all their heart and lean not on their own understanding; that they will acknowledge You in all their ways so that You will direct their paths (Prov. 3:5-6).

I pray their future spouse will be a godly and devoted servant of Yours, who loves You and lives Your way. May they remain pure in body and heart. Right now, may their parents be teaching them to be submissive to them and to You, to give up selfish desires, to care for their siblings and others, etc....

May their mate be their closest friend. May they be mutually loyal, compassionate, considerate, respectful, affectionate, forgiving, supportive, caring, and loving toward one another all the days of their lives.

Mark 10:6-9 – But from the beginning of the creation God made them male and female. For this cause shall a man leave his father and mother, and cleave to his wife; And they twain shall be one flesh: so then they are no more twain but one flesh. What therefore God has joined together, let no man put asunder.

Heb. 13:4 – Marriage is honorable in all, and the bed undefiled: but whoremongers and adulterers God will judge.

Prov. 18:22 – Whoever finds a wife finds a good thing, and obtains favor of the Lord.

Mal. 2:13-16 – And this you have done again, covering the altar of the Lord with tears, with weeping, and with crying out, insomuch that he regards not the offering any more, or receives it with good will at your hand. Yet you say, Wherefore? Because the Lord has been witness between you and the wife of your youth, against whom you have dealt treacherously: yet she is your companion, and the wife of your covenant. And did not he make one? Yet had he the residue of the spirit. And wherefore one? That he might seek a godly seed. Therefore take heed to your spirit, and let none deal treacherously against the wife of his youth. For the Lord, the God of Israel, says that he hates putting away: for one covers violence with his garment, says the Lord of hosts: therefore take heed to your spirit, that you deal not treacherously.

Ps. 127:1 – Except the Lord builds the house, they labor in vain that build it: except the Lord keep the city, the watchman wakes, but not in vain.